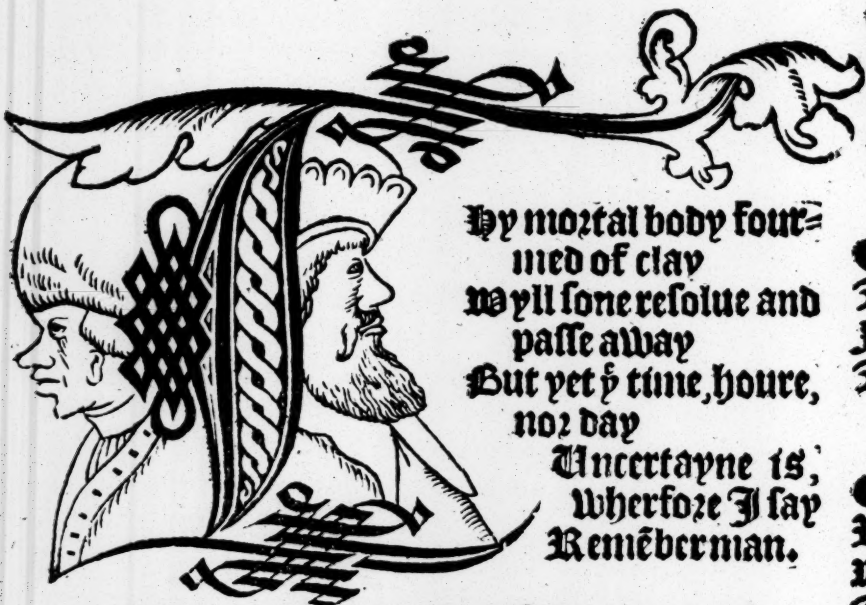


Remember man both night and day, thou

must nedes die there is no nay.



By mortal body four-
med of clay
Wyll sone resolue and
passe away
But yet þ time, houre,
no: day

Uncertayne is,
Wherfore I say
Remember man.

In youth o: pleasure if thou put trust
In honour, treasure o: yet in lust
Sone al thy ioy shall turne to dust
For remedies hence thou must
Remember man.

Al high estate and dignitie
Pompe, glory, wealth and soueraygntie
It can not prolonge thy lyfe pardie
But all shall turne to vanitie
Remember man.

The mo thy yeres, the shorter is thy lyfe
Agaynst Death there is no strife
And no kinne, friend, child no: wyfe
For thy pore soule wyl be pensife
Remember man.

Then help thy soule whyle thou art here
For though thy frend be neuer so nere
When thou art dead and layed in bere
They wyl to thy goodes make good chere
Remember man.

Art thou so folish for to beleue
That they thy soule wyl releue
O: yet thy goodes in almes geue
Whiche to forgo did thee sore greue,
Remember man.

Nay, nay they wyl say openly
It were much sinne and great folly
On him to rue o: take pity
That kept his goodes so niggardly,
Remember man.

While thou hast goods do almes dedes
Let vertue destroy all vicious wedes
And soue in thy soule the holisome sedes
Of sorow & repentance that to heauē ledes
Remember man.

Send forth before to make thy way
Charitable dedes which shall and may
Conduct the surely without delay
Paradise to winne at the endles day
Remember man.

Call also to thy memozy
This world frayle and transitozy
Full of foule sin and misery
To heuently blisse cleane contrary
Remember man.

Of Christ Jesu the feruent loue
Remember man all thyng aboute
Whome pitie did stirre and also moue
To suffer death for thy behoue
Remember man.

The fearefull day of strait iudgement
Fir wel in thy intendiment
Where man and woman shall sore repent
Their synfull life and time mispente.
Remember man.

Forget not the infinite paynes of hell
Being so feruent and so fell
That nothyng can speke no: yet tell
Where damned soules shall euermore dwell
Remember man.

Remember thy ioy inestimable
So pleasaunt and so delectable
Of Paradise so comfortable
Prepared for persons laudable
Remember man.

Man if thou kepe thys thyng in mynde
And to thy maker be not vnkinde
Eternall Joy thou shalt then finde
O: dayned by God for al mankind
Remember man.

The Joyes of heauen the paynes of hel
The passion of Christ his dech so fel
The world and death consider thou wel
And domes day loue every deale,
Remember man.

Finis.

Imprinted at London at Holburne
Cunduite by John Tysdale, and
John Charlewood.

